

GRATITUDE JOURNAL

DATE:

S M T W T F S



TODAY I'M GRATEFUL FOR

- _____
- _____
- _____

TODAY'S GOAL

WEATHER



TODAY'S AFFIRMATION

- _____
- _____
- _____
- _____

NOTES / REMINDERS



SOMETHING I'M PROUD OF

- _____
- _____
- _____
- _____

TOMORROW I LOOK FORWARD TO



- _____
- _____
- _____
- _____
- _____
- _____

NOTES:
